



walking with purpose

## Opening Your Heart/Keeping in Balance Calendar

*Bring your study guide and Bible each week*

*Thursday, 10 AM -12 PM in the Saints Rooms*

Session	Date	Opening Your Heart	Keeping in Balance
1	10/22/20	Connect Coffee: Four Steps to WWP	Getting a Grip Through Authenticity
2	10/29/20	Who is Jesus Christ?	Balance Through Authenticity
3	11/5/20	Why is Jesus Interested in My Friendship?	Balance Through Priorities
4	11/12/20	Why and How Should I Pray?	Balancing Expectations
5	11/19/20	Connect Coffee: God - First Place in All Things	Getting a Grip Through Relationships
6	12/03/20	Who is the Holy Spirit?	Balance Through Relationships
7	12/10/20	Why Should I Read the Bible?	Balance Through Worship
8	12/17/20	What is Grace; What Difference Does It Make?	Balance in Your Schedule
9	01/07/21	What are the Limits of Christ's Forgiveness?	Balance Through Rest
10	01/14/21	Connect Coffee: Your Heart - You are Captivating	Getting a Grip Through Rest
11	01/21/21	What Does the Sacrament of Penance Have to Do with My Friendship with Christ?	Balance Through Service
12	01/28/21	What Does the Eucharist Have to do with My Friendship with Christ?	Balance Through Contentment
13	02/04/21	How Can I Conquer My Fears?	Balance Through Simplicity
14	02/11/21	Connect Coffee: Marriage Transformed by Grace	Getting a Grip Through Simplicity
15	02/18/21	What is the Role of Suffering in My Life?	Balancing Our Cravings
16	02/25/21	What Does Mary Have to do with My Relationship with Christ?	Balance Through Self-Discipline
17	03/04/21	Can God Really Change Me or Is That Just Wishful Thinking?	Balance Through Surrender
18	03/11/21	Connect Coffee: Reaching Your Child's Heart	Getting a Grip When It All Falls Apart
19	03/18/21	What Challenges Will I Face in My Efforts to Follow Jesus More Closely?	Balance Between Mediocrity and Perfectionism
20	03/25/21	What is the Relevance of the Church in My Life?	Balance in Our Thought Life
21	04/08/21	How Do I Read the Bible in a Meaningful Way?	Balance Through Engaging Culture
22	04/15/21	Connect Coffee: Set the World on Fire	Getting a Grip in Culture